



Ardaas – Assignment 7

ਤੁਧੁ ਗੁਣ ਮੈ ਸਭਿ ਅਵਗਣਾ ਇਕ ਨਾਨਕ ਕੀ ਅਰਦਾਸਿ ਜੀਉ ॥

1. Write the Gurbani pankti above 2 times and the meaning of key words

ਤੁਧੁ ਗੁਣ _____

ਮੈ ਸਭਿ ਅਵਗਣਾ _____

ਇਕ ਨਾਨਕ ਕੀ ਅਰਦਾਸਿ ਜੀਉ _____



What does this pankti mean to me in my life?

- Do I get a feeling that sometimes I end up doing wrong things?

- Do I get a feeling that I need to improve but I don't have enough strength to always stay positive and do good things?

- Have I ever done prayer to seek strength?
